

2nd Kasr Al Ainy Hand & Wrist Cadaveric Course

14th-15th February 2019
LRC Kasr Al Ainy



COURSE PROGRAM

Kasr Al Ainy Hand & Wrist Cadaveric Course

**14th & 15th February 2019
LRC - Kasr Al Ainy**

Course Program

2nd Kasr Al Ainy Hand & Wrist Cadaveric Course

14th & 15th February 2019 - LRC - Kasr Al Ainy

Honorary Chairmen

Prof. Aly El Mofty – Prof. Sherif Amin

**Head of Orthopedic
Department**

Prof. Ali El Zawahry

**Head of Hand Surgery
Department**

Prof. Yasser El Safoury

Scientific committee

Prof. Sherif Amr - Prof. Ashraf Moharam

Organizers

**Prof. Mostafa Mahmoud
Ass. Prof. Ayman Mansour
Dr. Ayman Shaheen**

2nd Kasr Al Ainy Hand & Wrist Cadaveric Course

14th & 15th February 2019 - LRC - Kasr Al Ainy

Faculty

Sherif Ban

Mohamed Abdel Hamid

Ahmed Afifi

Mohamed Abdel-Wahed

Mostafa Ezzat

Andrew Kerlos

Emad Ahmed

Ahmed Farghaly

Guest Faculty

Prof. Dr. Abdel Hakeem Abdallah

Prof. Dr. Amr El Sayed

Prof. Dr. Tamer Nagy

Prof. Dr. Ibrahim Mohsen

Prof. Dr. Ashraf Abo El Fotouh

Prof. Dr. Yasser Farouk

Prof. Dr. Ahmed Naeem Ateya

Prof. Dr. Ramy El Nakeeb

Prof. Dr. Mohamed Ellabban

Day 1
Thursday
14th Feb. 2019

2nd Kasr Al Ainy Hand & Wrist Cadaveric Course

07:30 - 08:00
AM

Registration & Course instructions

08:00 - 11:00 AM

Session I **Wrist Scopes**

08:00 - 08:40
AM

Radiocarpal portals 3,4/6R/6U

Presentation
Ahmed Afifi

Demonstration
Ayman Shaheen

08:40 - 9:20
AM

Mid carpal portals **Arthroscopic assessment of SLL**

Presentation
Ahmed Afifi

Demonstration
Ahmed Afifi

09:20 - 10:50
AM

TFCC repair methods

Presentation
Mohamed Abdel-Wahed

Demonstration
Yasser El Safoury
Mostafa Mahmoud

10:50 - 11:00
AM

Arthroscopic wafer procedures (DEMO)

Presentation
Ayman Mansour

Demonstration
Ayman Mansour

11:00 - 02:30 PM

Session II

11:00 - 12:00 PM

volar aspect of the wrist

11:00 - 11:30
AM

Volar approach to the distal radius

Presentation
Mohamed Abdel Hamid

Demonstration
Ibraheem Mohsen

2nd Kasr Al Ainy Hand & Wrist Cadaveric Course

Day 1
Thursday
14th Feb. 2019

	Volar approach to the scaphoid	
11:30 - 12:00 PM	Presentation Mostafa Ezzat	Demonstration Mostafa Ezzat

**12:00 - 12:30
PM** **Coffee Break**

12:30 - 02:30 PM **Approaches and nerve release**

	Extended volar approach to the wrist How to protect PCBMN	
12:30 - 01:00 PM	CT release variations of the PCBMN and recurrent motor branch	
	Presentation Andrew Kerlos	Demonstration Mostafa Mahmoud

	Guyon's canal release	
01:00 - 01:25 PM	Presentation Mostafa Ezzat	Demonstration Ayman Mansour

	AIN nerve transfer to motor ulnar nerve Sensory transfer (3rd web to ulnar little finger)(DEMO)	
01:25 - 02:05 PM	Presentation Ayman Shaheen	Demonstration Ramy El Nakeeb

	Opponensplasty using ADM and FDS IV	
02:05 - 02:30 PM	Presentation Emad Ahmed	Demonstration Sherif Amr

Day 1
Thursday
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02:30 - 04:00 PM

Session III

11:00 - 12:00 PM

Dorsal approach to wrist and scaphoid

**02:30 - 02:50
PM**

Dorsal approach to wrist and scaphoid

Presentation
Mostafa Ezzat

Demonstration
Mohamed Abdel-Wahed

**02:50 - 03:30
PM**

**How to harvest vascularized grafts from distal radius
(dorsal 1,2 SRICA and 4,5 ECA grafts) (DEMO)**

Presentation
Ayman Shaheen

Demonstration
Ibraheem Mohsen

**03:30 - 04:00
PM**

**Ligament sparing capsulotomies
PIN neurectomy vs preservation**

Presentation
Mostafa Ezzat

Demonstration
Sherif Amr

04:00 PM

Lunch
End of Day 1

Day 2
Friday
15th Feb. 2019

2nd Kasr Al Ainy Hand & Wrist Cadaveric Course

08:00 - 09:50 AM

Session IV

Principles of scaphoid fixation

**08:00 - 08:30
AM**

Presentation

Ahmed Afifi

Demonstration

Ahmed Afifi

**08:30 - 09:00
AM**

Repair / reconstruction of a simulated Scapholunate tear (DEMO)

Presentation

Ayman Mansour

Demonstration

Ashraf Moharram

09:00 - 09:50 AM

Ulnar aspect of the wrist

Exposure of the ulnar styloid and the DRUJ and open TFCC repair

**09:00 - 09:50
AM**

Presentation

Mohamed Abdel-Wahed

Demonstration

Mostafa Mahmoud

09:50 - 12:00 PM

Session V

09:50 - 12:00 PM **Volar aspect of hand and flexor tendon repair**

Finger volar approach using Brunner's incision for index Simulated zone II flexor tendon injury (four strand repair)

**09:50 - 10:50
AM**

Presentation

Andrew Kerlos

Demonstration

**Mohamed El Laban
Ayman Shaheen**

Day 2
Friday
15th Feb. 2019

2nd Kasr Al Ainy Hand & Wrist Cadaveric Course

Tenosynovitis and its release

10:50 - 11:30
AM

Presentation
Ahmed Farghaly

Demonstration
Sherif Amin

Finger tip injuries

11:30 - 12:00
PM

Presentation
Mohamed Abdel-Wahed

Demonstration
Ibraheem Mohsen

12:00 - 01:30
PM

Gomaa Prayer
& Lunch Break

01:30 - 03:20 PM

Session VI

Dorsal aspect of hand and extensor tendon injuries

01:30 - 02:20
PM

Dorsal Approach to the middle finger and extensor expansion
demonstration with different windows for phalangeal fixation
Simulated central slip tear (methods of repair)

Presentation
Ayman Mansour

Demonstration
Mohamed Abdel-Wahed

02:20 - 02:30
PM

Mallet Finger

Presentation
Andrew Kerlos

Day 2
Friday
15th Feb. 2019

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02:30 - 02:55
PM

1st dorsal metacarpal artery flap

Presentation	Demonstration
Ahmed Farghaly	Tamer Nagy

02:55 - 03:20
PM

Cross finger flap

Presentation	Demonstration
Mohamed Abdel-Wahed	Mohamed Abdel Hamid

03:20 - 04:00 PM

Session VII

Thumb problems

03:20 - 04:00
PM

MCP collateral tear and its repair

Presentation	Demonstration
Mohamed Abdel-Wahed	Ahmed Naeem

04:00 PM

End of COURSE

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